

THE WONDERS OF WATER

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Scientifically, water is a liquid compound with each of its molecules containing one oxygen and two hydrogen covalent bonds. Its well known chemical formula is H₂O. In its pure form, water is inorganic, transparent, odorless, and visibly clear or blue due to absorption of light variations. The intensity of the color increases with the depth of the water column. However, there is so much more to water.

According to West Marrin, PhD, author of *Universal Water*: “Ancient peoples generally understood water to be a living and conscious entity, the link between our physical world and the heavens. It was a symbol for the primordial “non-stuff” from which the Creator manifested the known universe. By contrast, our modern world treats it as a mere commodity.

Yet science has discovered that water is not only integral to the energetics that power our biosphere and to the mediation of biological process, but is a critical ingredient for the birthing of stars from interstellar dust and gas clouds.”

Water, like air, is vital for life. No one, nor anything in our world can survive for more than several days without it. Yet, chronic dehydration, which is part of the root cause of many painful degenerative diseases, is prevalent in today’s polluted world. Dr. F. Batmanghelidj, MD has written two enlightening books on this topic that provide a wealth of information: *Your Body’s Many Cries For Water* and *You’re Not Sick, You’re Thirsty!* I highly recommend reading them.

To provide good health, water must be clean, properly hydrating, and full-spectrum/structured. To learn about the sacredness and complexity of water and how to create full-spectrum, structured your water, read *Dancing With Water*, by MJ Pagman and Melanie Evans: www.dancingwithwater.com and go to *World Living Water Systems Ltd.* at: <https://www.alivewater.com/affiliate/15101>, which also has some unique water revitalizing products.

WATER IN THE HUMAN BODY

The human body consists of 70-75% water for good reason. Water Is the medium that enables our cells to communicate with each other. It carries our thoughts, vibrations, prayers, and plays a major role in thousands of bodily functions and health. But, as the authors above explain, not all water is of the same quality.

Most of the water that is inside our cells is filled with *fourth phase* water. This is central to the biology of the cells and leads the way to better understand how the cells function and why pure, clean, structured water is so vital. To learn more on this fascinating topic, read the work of Prof. Gerald H. Pollack PhD, <https://www.pollacklab.org/jerry>, explore his website, and view his videos: <https://www.pollacklab.org/>. Prof. Pollack was the recipient of the first *Emoto Peace Prize* for his amazing work on water. He is the founding Editor-in-Chief of *WATER: A Multidisciplinary Research Journal*; founder of the *Annual*

Conference on the Physics, Chemistry, and Biology of Water; and author of The Fourth Phase of Water Beyond Solid, Liquid, and Vapor.

According to Prof. Pollock, *“This phase occurs mainly next to water loving (hydrophilic) surfaces. It is surprisingly extensive, projecting out from the surface by up to millions of molecular layers.*

Of significance is the observation that this fourth phase is charged; and, the water just beyond is oppositely charged, creating a battery that can produce electrical current. Light charges this battery. Thus, water can receive and process energy drawn from the environment in much the same way as plants.

Absorbed light energy can then be exploited for performing work, including electrical and mechanical work, as well as the work of proteins inside cells.”

One of the most important properties of water is its ability to store and share information, including that of photons. Cells contain 75-90% water, and thus, with biophotons, control many vital processes. Biophotons are electromagnetic waves of light in the ultraviolet and low visible light range produced by a biological system, i.e. particles of light (energy/information). They are non-thermal in origin, and the emission is technically a type of bioluminescence.

The energy from our DNA, which lies in the center of each cell that is surrounded by water, expands throughout the body with the help of biophotons.

Emissions of bio-photons are much stronger from healthy cells compared to sick or cancer cells. All living cells of plants, animals, and human beings emit biophotons.

Researcher Dr. Dietrich Klinghardt, MD, PhD,

<http://www.klinghardtacademy.com/BioData/Dr-Dietrich-Klinghardt-MD-PhD.html> has shown that biophotons indicate the state of biological tissues and facilitate a form of cellular communication with water as its medium. Dr. Klinghardt conducts educational workshops on this unique therapy and uses it in his practice to restore ill health. This area of medical science opens up a whole new perspective for healing without all the terrible side effects of pharmaceuticals. Of course, the pharma industry discredits anything or anyone that cuts into their multi billion dollar racket.

Poor quality water does not properly hydrate the cells. Over time, it contributes to cellular dehydration, deterioration, and chronic ill-health. Even mild dehydration can slow one's metabolism, trigger fatigue and short-term memory loss, create difficulty concentrating, and ages the body. Sound familiar?

Only 2-3% of the planet's water is fresh water, and the majority of this exists as ice at the planet's poles. Only .2% of the planet's water is potable. Because pure, structured water is such a vital part of life, health, and survival, our PUBLIC water supply should NEVER be privatized or hijacked by powerful industries. Nor, should it be used to mandate treatment for the masses. Nor, should it be used or controlled by any one group (e.g. dental), government bureaucrats, or industry (e.g. mining, CSG, factory farms) for their agenda or gain at the expense of others; or for the disposal of toxic, industrial wastes and chemicals. THINK....What kind of person would expose a baby, child, or pregnant mother to these deadly poisons, neurotoxins, and endocrine disruptors? And worse, mandate them in our

drinking water! Perhaps, this is why so many children are tragically now being born with gender birth defects.

In addition, treating the masses with a one size fits all protocol of an industrial waste (i.g. fluoridation) is HIGHLY unethical and WRONG. It denies freedom of choice in a free society and also violates the Nuremberg Code agreement that was intended to protect everyone from medical treatment without consent.

Fluoride added into our drinking water, under the guise of preventing dental decay, does immense damage to both the structure of our drinking water and the human physiology over time. Plus, it is a very costly archaic policy that defies all logic. Those who support this archaic policy are either totally incompetent, really naive or stupid, or criminally involved.

Medications found in recycled water are another big problem to water purity, structure, and health. Our drinking water needs to be pure, structured, and free of all chemicals pollutants and/or treatments.

WATER IN THE ENVIRONMENT

In our environment, water covers approximately 71% of the Earth's surface. Water forms our seas, lakes, rivers, and the rainfall that hydrates our planet and everything that lives on it. Water is the main constituent of Earth's hydrosphere. It is the basis of the fluids of all living organisms. In its solid form it is ice; and when heated into its gaseous form, it vaporizes into steam. And now thanks to the brilliant work of world renowned researcher, Dr. Gerald H. Pollack, <http://waterjournal.org/> and <https://www.pollacklab.org/> we have learned about the fourth phase of water which forms the beautiful, geometric snowflakes.

One of the pioneers who brought global attention to this was the late Dr. Masaru Emoto. <https://www.masaru-emoto.net/en/science-of-messages-from-water/>. In his Messages From Water and research, Dr. Emoto shows how communication with water can create beautiful crystals and geometric snowflake designs. Thanks to HH Swami Isa and Mira Purn, I had the pleasure of meeting, learning from, and communicating with Dr. Emoto during *Global Energy Parliament 2010*, in Kerala, India, where we were both guest speakers. <http://www.global-energy-parliament.net>

Water:

- Provides life supporting negative ions.
- Makes up the amniotic fluid surrounding the fetus in the womb.
- Hydrates, refreshes, and nourishes.
- Cleans, dilutes, and dissolves.
- Creates beauty and comes in many forms.
- Mirrors all vibrations and frequencies created in our world.
- Is the environment for marine life and seafood.
- Is a big part of the planet's ecosystem, including the balance between oxygen and carbon dioxide.
- Rises to form clouds and then drops as rain to hydrate and nourish the soil (a living

organism), agriculture, fields, forests, trees, plants, flowers, rivers, lakes, streams, and wildlife.

- Gives life to our living planet and all its living creatures.

A molecule of water in liquid or solid state can form up to four hydrogen bonds with neighboring molecules. Hydrogen bonds are about ten times as strong as the *Van der Waals* force that attracts molecules to each other in most liquids.

Thus, the melting and boiling points of water are much higher than other analogous compounds.

Water differs from most liquids in that it becomes less dense as it freezes.

Water freezes at 0 °C or 32 °F. At sea level, water boils or vapor condenses at 100 °C or 212 °F. However, even below the boiling point, water can change to vapor at its surface by evaporation. The boiling point decreases by 1°C every 274 meters. High altitude cooking takes longer than sea level cooking. In a vacuum, water will boil at room temperature. Hence, a pressure cooker decreases cooking time by raising the boiling temperature.

In a lake or ocean, water at 4 °C or 38 °F sinks to the bottom and ice forms and floats on the surface of the liquid water. This ice insulates the water below preventing it from freezing solid. Without this protection most aquatic organisms would perish during the winter.

Water plays a major role in the world economy. Much of the long distance trade of commodities (e.g. oil, natural gas, manufactured products, etc.) is transported by boats through seas, rivers, lakes, and canals. Approximately 70% of the freshwater used by humans goes to agriculture.

Large quantities of water, ice, and steam are used for cooling and heating in industries and homes. Water is used for washing and cooking. Many sports and other forms of enjoyment take place in water such as swimming, pleasure boating, surfing, fishing, diving, ice skating and skiing. Most people love being near the water. No matter which form it is in, water is a very powerful energizer.

Humans are also energized from the negative ions produced by ocean waves along the seashore and/or waterfalls. This is why we love being near water fountains, which are commonly found throughout Italy and other European countries.

Water is one of the four elements in ancient and medieval philosophy and astrology and was highly valued. In ancient Rome pollution of water was considered to be one of the worst crimes.

Indeed, there is so much more to water than what most people realize. In fact, water is the most amazing of all elements. At the same time, it is the most abused and taken for granted of element. **Teach your children about the wonders of water. Make good use of it, respect it, value it, love it, and protect it!**